



RHETT A RYAN

Sanger, TX 76266-2313, 682-895-7901, rryan45452@gmail.com

PROFESSIONAL SUMMARY

I am an energetic coach that has a deep love for the game, and cultivating relationships as a member of a team. I am versed in developing and mentoring athletes. I create individualized training programs to build skill and implement form and technique corrections. I am a diligent strategist with commitment to athlete wellness and team unity. I am also a passionate educator experienced in secondary school environments and always looking for ways to improve student learning and performance. I manage relationships and expectations by working closely with students and helping to guide them to their goals.

SKILLS

- Offensive & defensive coaching
- Strength training program development
- Positive attitude
- Athlete conditioning
- Group instruction
- Student support
- Faculty collaboration
- Technology integration
- Curriculum implementation

EXPERIENCE

College Football Player January 2020 - Current

Texas Wesleyan University | Fort Worth, TX

- Earned and received an athletic scholarship in 2nd Season
- Received academic scholarship upon acceptance in 1st Season
- Attended scheduled practices and training sessions
- Improved gameplay by continuously studying opposing offensive and special teams strategies
- Attended scheduled practices and training sessions

Varsity Football Player August 2017 - November 2018

Byron Nelson High School | Trophy Club, TX

- Attended scheduled practices and training sessions
- Improved gameplay by continuously studying opposing team offensive strategies and working on technique as a defensive lineman

- Lettered two years as a varsity football player
- 2nd Team Academic All-District Selection (2019)
- Increased stamina and strength, balancing cardio and weight training activities
- Assessed performance following a game through film study

EDUCATION

Bachelors of Sciences in Mass Communications - Mass Communications
Texas Wesleyan University, Fort Worth, Texas

December 2023

Bachelors of Sciences in Mass Communications - Mass Communications
Southern Nazarene University, Bethany, OK

REFERENCES

- Travis Pride, Head Coach - Byron Nelson - tpride@nisdtx.org
- Brian Brown, Position Coach - Byron Nelson - bbrown@nisdtx.org
- Joe Prud'homme, Head Coach - Texas Wesleyan - jprud'homme@texwes.edu